



Divecha Centre for Climate Change
Indian Institute of Science
BANGALORE - 560012
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SEMINAR NOTICE

Title: “Environmental Measures to Prevent Backache and Arthritis Problem”

Speakers: Dr. B.G Dharmanand, Rheumatologist, Vikram / Manipal Hospital, Bangalore

Date: 28th July 2022(Thursday)

Time: 4:00 pm – 5:30 pm

Venue: Hybrid mode (DCCC Auditorium and Online using MS Teams)

Speaker Bio :

Dr. B.G. Dharmanand MBBS, MD, DM, is a President of Indian Rheumatology Association, Consultant Rheumatologist Vikram (Manipal) Institute of Rheumatology & Clinical Immunology, Did his MBBS in Madurai Medical College (1987), MD in Mysore Medical College & DM in Rheumatology in Madras Medical College 1996. Special registrar in Rheumatology, Southend Hospital U.K nearly 2 yrs.

Involved in teaching DNB, MD , Rheumatology DM students. Examiner at Rheumatology Fellowship exam at St. Johns Medical College, CHANRE RICR & Care Centre Kochi. Published many articles in National and International Journal, and Chapter in many Textbooks. Served as an expert committee member in developing Indian Guidelines Rheumatoid Arthritis and Ankylosing Spondylitis, Principal investigator vaccine guidelines developing project from Indian Rheumatology Association 2020 till now Director Community Service Rotary RT Nagar.

Abstract:

Back pain and pain of musculoskeletal origin are common. Causes of these are protean. Age is an important determinant with elderly affected more often. Injuries, both sports and non sports related, physical nature of work, mental pressures of work and job satisfaction are all some of the determinants for pain of Musculoskeletal origin. Why only few with acute back pain go on to get chronic back pain. Pain may be a surrogate for current of ongoing predicament of life in some. Autoimmune diseases are increasing in severity. Gene, gender and environmental interactions play a role in the onset of autoimmune arthritic disorders. They cause considerable disability and angst. Psychoneuroimmunology is considered to play a role in the etiology of autoimmunity, so also gut dysbiosis (Microbiome). Preventive strategies one could adopt to reduce the impact of Musculoskeletal pains, Low back ache and arthritic disorders are discussed.

All are Welcome

Divecha Centre for Climate Change, IISc.
Indian National Chapter of COMHAD (U.K)
Lakeside Education Trust

Arthritis Awareness Month- Webinar
**“Environmental Measures to Prevent Backache and Arthritis
Problem”**

Date: Thursday 28th July 2022 Time: 4.00 PM – 5.30 PM (IST)

Timings	Agenda	Faculty
3.30 PM To 4.00 PM	Coffee/Tea	
4.00 PM– 4.05 PM	Welcome Speech	Prof. S.K Satheesh / Prof. J Srinivasan
4.05 PM– 4.15 PM	Introductory remarks on subject and Introduction of Chairman/ Speaker	Prof. Dr. H Paramesh
4.15 PM– 5.00 PM	“Environmental Measures to Prevent Backache and Arthritis Problem ”	Dr. B.G Dharmanand Rheumatologist Vikram / Manipal Hospital
5.00 PM –5.25 PM	Chairman/Moderator Q & A / Remarks	Dr. Chandrashekar R Orthopaedician Director Raj Mahal Vilas Hospital
5.25 PM –5.30 PM	Vote of thanks	Dr. Madhu G N Secretary COMHAD

*Prof.H Paramesh
Organiser
Visiting Prof. DCCC IISc.
President COMHAD U.K India Chapter 2021-2022
Chairman Lakeside Education Trust*