



Divecha Centre for Climate Change
Indian Institute of Science
BANGALORE - 560012
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SEMINAR NOTICE

Title: **“chronic fatigue syndrome”**

Speaker: **Dr. Satish Kalanje, MD, DABIM, (U.S.A)**
Rheumatologist, Immunologist
consultant Rheumatologist at the Manipal Hospital on Millers Road.

Date: **25th May 2023 (Thursday)**

Time: 4.00 - 5.00 PM

Venue: DCCC Auditorium, 2nd Floor, D314.

Coffee/Tea: 3.30 - 4.00PM

Speaker Bio: -

Dr. Satish Kalanje is a Rheumatologist practising in Bangalore over the past twenty odd years. Having completed his MBBS at Bangalore Medical College in 1991, he underwent post-graduate studies in Internal Medicine and subspecialty fellowship in Immunology & Rheumatology at the University of Missouri-Columbia in the United States. Subsequently, he worked as a consultant Rheumatologist in Bangalore at various hospitals, where he has been part of the teaching faculty for students doing their postgraduate DNB in Internal Medicine and fellowships in Rheumatology. He is currently a consultant Rheumatologist at the Manipal Hospital on Millers Road

Abstract: -

Chronic fatigue syndrome (CFS) is a debilitating illness that is associated with poor health-related quality of life, profound disability and often, inability to continue with productive employment. It is characterized by chronic fatigue lasting more than 6 months that is not alleviated by rest and is accompanied by fluctuating symptoms of malaise after physical or mental exertion, sleep that fails to refresh, impairment in cognition, dysfunction in autonomic nervous system, and/or pain in muscle or joint. CFS can be precipitated by various factors - including acute viral infections. Interest in CFS has increased lately given the parallels with some manifestations of ‘long COVID’. In this talk, the mechanisms associated with fatigue and their disordered state in CFS are discussed followed by an overview of our understanding of CFS and current coping strategies.

All are welcome!